



Australian Freestyle Tae Kwon-Do Academy

P.O. Box 2862, Taren Point, NSW, 2229

AFTA Pledge

As a member in good standing of the AFTA I do solemnly pledge :-

1. To abide by the rule and constitution of the Academy.
2. To respect the laws of my country at all times.
3. To strive always to be modest, courteous and respectful to my fellow man.
4. To conduct all my dealings in an honourable manner.
5. To cultivate self discipline and perseverance.
6. To endeavour constantly to improve myself both mentally and physically.
7. To put the art into use only for self defence of the weak, and to aid those in need.

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"In Pursuit Of Excellence"